

## Home and Community Care (HACC) services

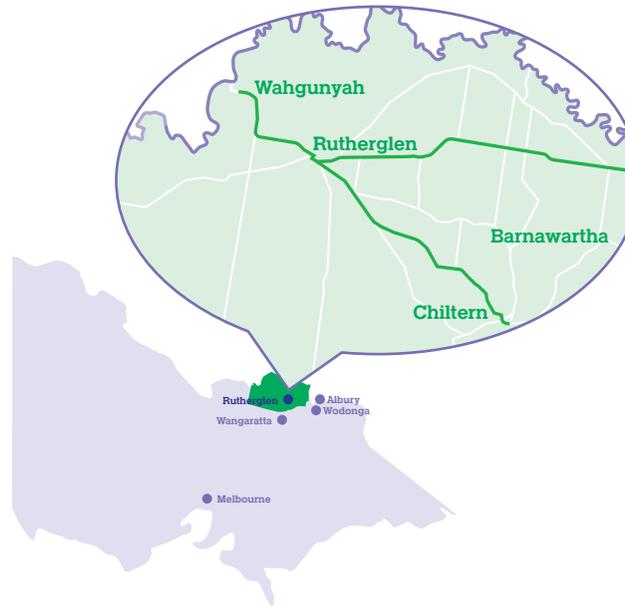
Indigo North Health provides coordinated health and personal support services to individuals and groups in the Rutherglen, Chiltern, Wahgunyah and Barnawartha districts. Our emphasis is on health promotion, illness prevention, early intervention and maintaining social connections.

Indigo North Health services may be arranged through telephone contact or by calling into the INH Rutherglen or Chiltern campus.



### Where to Find Us

Rutherglen is located on the Murray Valley Highway midway between Wodonga and Yarrawonga. Chiltern is located on the Hume Freeway midway between Wangaratta and Wodonga.



INH { Home and Community Care HACC



**Indigo North Health Inc  
Rutherglen Campus**  
168 High Street  
Rutherglen Victoria  
Australia 3685

**ph** 02 6033 6200  
**fax** 02 6032 9133

**em** [inh@inh.org.au](mailto:inh@inh.org.au) [www.inh.org.au](http://www.inh.org.au)  
abn 24 413 439 986 inc no A0051746G

**Indigo North Health Inc  
Chiltern Campus**  
11 Main Street  
Chiltern Victoria  
Australia 3683

**ph** 03 5726 1405  
**fax** 03 5726 1049

Indigo North Health inc 

## Home and Community Care (HACC)

The HACC Program is a joint Commonwealth, State and Territory initiative to help frail older people and younger people with disabilities and their carers.



At Indigo North Health we provide the following services under the Home and Community Care (HACC) program:

### Interact@Indigo North

Delivered under the Planned Activity Groups program the aim of this service is to maintain and enhance a person's capacity to live as independently as possible.

We seek to do this by encouraging participants to maintain their independence and increase their social connections.



### Programs include

- } Men's Shed
- } Strength Training
- } Swimming
- } Arts and Crafts
- } Concerts & scenic tours
- } Relaxation programs or just catching up with friends.

### Other services

Participants are often able to access other services to assist them as well. These include Occupational Therapy, Physiotherapy, Podiatry, nutrition advice and services to assist vision and hearing impaired.

### Home Nursing

Nursing services are provided to eligible clients with the aim to assist them in meeting their health needs.

This includes the provision of nursing care to treat acute conditions as well as ongoing support and monitoring of chronic health needs to allow a person to remain in their own home.

Nursing care includes the provision of wound care, medication management, assessment of health status, palliative care, health education to clients and carers and personal care.

Nursing staff liaise with other healthcare providers and community agencies to ensure their clients' needs are met.

### Eligibility

Broadly speaking, under the HACC program guidelines services are generally available to frail, aged, those with a disability and their carers. Feel free to contact our staff to discuss your eligibility.

### Referrals

Referrals to the service can be made by individuals who require a service for themselves or a person who they are caring for. Referrals are also accepted from GPs, other health services and support agencies.

### Fees

Generally a small charge applies for services. These are levied in accordance with funding guidelines. However it is important to note that no clients are denied a service by their inability to pay.



*We aim to enhance a person's capacity to live as independently as possible.*

*We seek to do this by encouraging participants to maintain their independence and increase their social connections.*