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Indigo North  
Health inc



Healthy Active Indigo North

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Find us on Facebook by searching: Indigo North Health

## The future is here!

Telehealth is now here!



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This is an exciting initiative and we look forward to providing more information about Indigo North Health's Telehealth service.

Telehealth Co-ordinator - Karen Dods - 02 6033 6200

Indigo North Health Rutherglen will soon have better access to clinical and specialist services without leaving town.

Indigo North Health INC. is implementing a Telehealth system with a trial date set for February 2019.

Telehealth is becoming an increasingly popular tool in the delivery of health services in remote and rural Australia. Modern telecommunication technologies enable the secure linkage between rural services with a videoconference to specialists in metropolitan areas.

Worldwide, Telehealth services have shown:

- Increased access to specialist services for consumers
- Savings in time, travel and accommodation expenses for consumers (normal specialist fees will still apply)
- Increased capacity for health care staff to seek secondary consultations when needed
- Increased ability for staff to access networking, education and training opportunities

## Indigo North Health provide the following services in Chiltern:

- \*District Nursing Services
- \*Personal Care Services
- \*Home Care services
- \*N.D.I.S
- \*Podiatry
- \*Physiotherapy
- \*Occupational Therapy
- \*Counselling
- \*Strength Training
- \*Tai Chi
- \*Hydrotherapy Swimming Bus
- \*Planned Activities Group
- \*Men's Shed
- \*Chronic Disease Management Program

Appointments  
can be made by  
calling Mary at  
Intake on  
02 6033 6271

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