

GLENVIEW GRAPEVINE

Jan/Feb 2020

Welcome to our first **Grapevine** for 2020.

December has been a busy month with Christmas preparations and celebrations.

We were entertained by the kindergarten students and we look forward to spending more time with them during the year.



Time spent with children always brings a smile to the residents' faces, as was the case with a visit to St Mary's school to view the window display students had created to showcase their technology skills.

A busy morning with the children was followed by a picnic lunch by the river at Corowa.



CAROLERS

The Sing Australia group from Corowa brought Christmas cheer with their beautiful rendition of traditional carols.



And our very own Mary Dinsdale, who is a past member of the group, was invited to sing with them.



The health and well-being benefits of music have become widely acknowledged in recent years. With this in mind, we would like to form a choir with Glenview residents and community members this year.

We would need an accompanist. If you are able to help or would like to sing along with us, please contact Penny.



CHILTERN STREET PARTY

The Chiltern Street party early in December was another highlight.



Terry found the boys' toys.



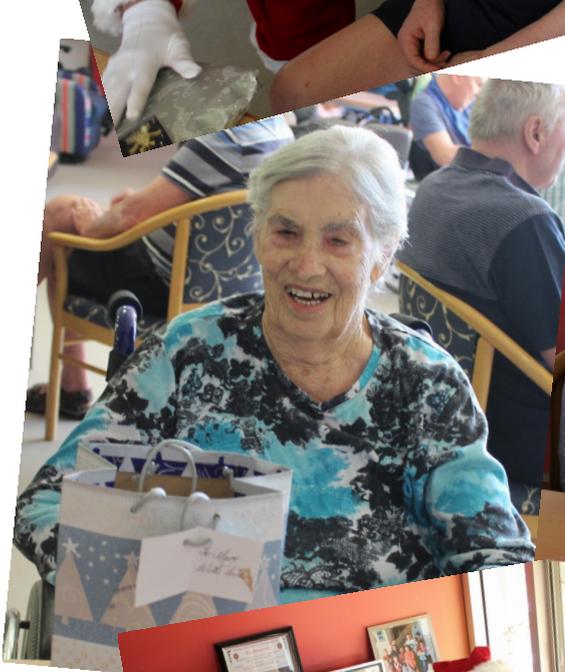
CHRISTMAS PARTY

The residents' Christmas party was a great success with a visit from Santa and his substitute reindeer, entertainment by evergreen Billy Arnold and a delectable afternoon tea from the catering staff. Thanks to those family members who were able to attend and add to the festivities.



HO, HO, HO

The place was abuzz on Christmas morning, with Santa distributing gifts and good cheer.



CHRISTMAS LUNCH

Some residents went home with families, while others attended the community lunch in the Memorial Hall. For those residents remaining at Glenview, the merriment continued with a delicious traditional lunch prepared and served by the wonderful catering staff.

Thanks to those family members who joined us to add to the festive atmosphere.



HAPPY HOUR

The weekly happy hour celebrated at 3.15 on Saturday afternoons is proving a great success, with family members joining in. When the weather permits, we gather on the balcony for friendship and frivolity.



The balcony is a popular meeting place for a range of activities when the weather permits



BIRTHDAYS



Happy birthday, Ingo

- Feb 1 Mr Les Mann
- Feb 3 Mr Campbell Murdoch
- Feb 11 Mrs Pat Francis
- Feb 14 Mr Ned Day
- Feb 22 Mr Bob Wadsley



COMING ATTRACTIONS

Indigo North Health has a policy that there will not be any facility organised outings when the temperature exceeds 38 degrees. Therefore, there are likely to be fewer planned outings in the coming weeks.

However, family members are welcome to attend activities and events within the facility.



While “Happy New Year” sounds trite, given the current situation across the country, we hope 2020 is kind to everyone connected with the Glenview community.



JANUARY 2020 — EVENTS

MON	TUES	WED	THURS	FRI	SAT	SUN
		1	2	3	4	5
		NEW YEARS DAY		11.00 Bus outing	3.15 Happy Hour	
6	7	8	9	10	11	12
10.00 Water Exercises				11.00 Bus outing	3.15 Happy Hour	
13	14	15	16	17	18	19
10.00 Water Exercises		10.30 Morning Melodies Corowa RSL		11.00 Bus outing	3.15 Happy Hour	
20	21	22	23	24	25	26
10.00 Water Exercises				11.00 Bus outing	3.15 Happy Hour	AUSTRALIA DAY
27	28	29	30	31		
Australia Day Holiday				11.00 Bus outing		

FEBRUARY 2020— EVENTS

MON	TUES	WED	THURS	FRI	SAT	SUN
					1	2
					3.15 Happy Hour	
					6,00 St Stephens community dinner	
3	4	5	6	7	8	9
10.00 Water Exercises		2.00 Resident/representative meeting			3.15 Happy Hour	
4.30 Mens Shed						
10	11	12	13	14	15	16
10.00 Water Exercises			2.00 Mad Hatter's Tea Party		3.15 Happy Hour	
4.30 Mens Shed						
17	18	19	20	21	22	23
10.00 Water Exercises		10.30 Morning Melodies Corowa RSL			3.15 Happy Hour	
4.30 Mens Shed						
24	25	26	27	28	29	
10.00 Water Exercises					3.15 Happy Hour	
4.30 Mens Shed						



Minutes of Resident and Representatives Meeting

Wednesday 4th December, 2019

Present: Mr Neville Miller, Mr Trevor Coulthard, Mr Ingo Kirsch, Mr Trevor Bracken, Mrs Pat Francis, Mr Arthur Hall, Mrs Coral Plunkett, Mr Les Mann, Mrs Mary Dinsdale, Mrs Leonie Featonby, Mrs Jean Nichols, Mrs Joan Smith, Mrs Lorna Smith.

Points of Discussion:

- More frequent use of the recently purchased interactive screen was encouraged.
- The issue of seating in the northern garden area was raised again.
- Residents were alerted to proposed changes to the schedule for the resident and representative meetings and the publication of the newsletter. Both will be bi-monthly instead of monthly.
- Residents were reminded of the Charter of Rights and it was clarified that all residents have a copy of this.
- It was decided that the successful Christmas in July, held in 2019, should be repeated in 2020.
- There was to be follow up on the proposed resident action group.
- Proposed new Leisure & Lifestyle activities include a regular movement program, play reading, mindfulness and a weekly happy hour. A mad hatters tea party is planned for February and the Friends of Glenview have made funding available to continue the artist in residence program.
- We are also hopeful of having a new male volunteer to engage in activities with the men.
- Residents were asked to let the Leisure & Lifestyle team know if there were any additional activities they would like to see offered or made available more frequently. The possibility of a “silent disco” was suggested.
- Residents were thanked for their contribution to the community Christmas decorations in the main street.
- Plans for Christmas celebrations were outlined— these have featured earlier in the newsletter.
- The CEO thanked residents for their patience over the installation of the new air conditioning system. The temperature is set at 23 degrees but if there are any concerns about the level of comfort, the CEO or the Environmental Officer.
- The next Resident & Representatives’ meeting is scheduled for **Wednesday 5th February** at 2.00 p.m. Family members are welcome to attend. And new volunteers to assist with the Leisure and Lifestyle program are always welcome.