



Glenview Grapevine

January 2022

Indigo North Health Inc.
168 High St, Rutherglen VIC 3685
Phone: 02 6033 6200

www.inh.org.au

 Indigo North Health



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December in Review

Helicopter Visit

Everyone enjoyed the visit from a previous placement student who flew in a helicopter especially for Glenview residents.



Annual Reindeer Hunt

The annual reindeer hunt was held on the 22nd December. Laughter resounded throughout Glenview as Rudolph, Santa and Mrs. Claus joined us this year. Although they ducked and weaved throughout the trees, they couldn't hide from residents who covered all sides.



Live Music with Hans and Nancy

Live music filled the dining throughout the month of December. We couldn't resist the opportunity to have a dance or two!



December in Review



Upcoming Events

Show and Shine Car Show

Saturday 8th of January 10:00am, medical centre car park

Picnic Chiltern Park

Thursday 13th of January 11.00am

Mystery Pub Lunch

Thursday 27th of January 12:00pm

Armchair Travel - Brazil

Monday 10th of January 3:30pm, Main Lounge

Australia Day

Wednesday 26th of January



Regular Events

- Armchair Exercise every Monday at 11am and Wednesdays at 1.15pm
- Barber fortnightly Mondays and Hairdresser Tuesdays
- Bingo! Every Tuesday and Thursdays at 2.45pm
- Pet Therapy fortnightly Tuesdays
- Cards with Sister Lucille Wednesdays 2:00pm
- Archery and Target Shooting Friday at 9:30am
- Billiards – Fridays at 2.30pm

Special Days

- 1st Hot Tea Day
- 3rd J.R.R. Tolkien's Birthday
- 6th Epiphany
- 8th Elvis Presley's Birthday
- 17th Martin Luther King Day
- 19th International Flower Day
- 20th Inauguration Day (US)
- 21st International Hug Day
- 23rd Sundance Film Festival
- 25th Robert Burns Day
- 26th Australia Day
- 27th Mozart's Birthday
- 28th Jackson Pollock's Bday

January 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

						1	2
 <p>3</p> <p>J.R.R. Tolkien's Birthday</p>	<p>4</p>	<p>5</p>	 <p>6</p> <p>Epiphany</p>	<p>7</p>	 <p>8</p> <p>Elvis Presley's Birthday</p>	<p>9</p>	
<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	
<p>17</p>	<p>18</p>	 <p>19</p> <p>Flower Day</p>	<p>20</p>	<p>21</p> <p>Hug Day</p>	<p>22</p>	 <p>23</p> <p>Sundance Film Festival</p>	
<p>24</p>	 <p>25</p> <p>Australia Day</p>	<p>26</p>	 <p>27</p> <p>Mozart's Birthday</p>	<p>28</p> <p>Jackson Pollock's Birthday</p>	<p>29</p>	<p>30</p>	

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January Trivia

January was named after the Roman god Janus; the god of beginnings & transitions.

Zodiac signs: **Capricorn & Aquarius**
 Birthstone: **Garnet**
 Flower: **Carnations**

Quote of the Day

Life is what happens to us while we are making other plans.

– Allen Saunders

January Birthdays

In January, we celebrate birthdays with:

- **Ewart Henderson – 9th January**

Please join us in the dining room in January to celebrate!



Elvis Presley, Singer, 8th January 1935
Stephen Hawkins, Physicist, 8th January 1942
David Bowie, Singer, 8th January 1947
Martin Luther King Jr., Activist, 15th January 1929
Muhammad Ali, Boxer, 17th January 1942
Betty White, Actress, 17th January 1922
Michelle Obama, First Lady, 17th January 1964
Kevin Costner, Actor, 18th January 1955
Janis Joplin, Singer, 19th January 1943
Neil Diamond, Rock Singer, 24th January 1941
Virginia Woolf, Novelist, 25th January 1882

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, disciplined and have good managers

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

WOW!

McDonald's once created bubblegum-flavored broccoli!

McDonald's is always introducing new items for their loyal customers. Their bubblegum-flavored broccoli, which the fast-food chain developed in 2014 as a tastier version of the leafy green for children, was a complete failure. McDonald's later admitted that kids were confused by the taste.

Poem to Share

Shall I Compare Thee To A Summer's Day?

by William Shakespeare

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate.
Rough winds do shake the darling buds of May,
And summer's lease hath all too short a date.

Sometime too hot the eye of heaven shines,
And often is his gold complexion dimmed;
And every fair from fair sometime declines,
By chance, or nature's changing course, untrimmed;

But thy eternal summer shall not fade,
Nor lose possession of that fair thou ow'st,
Nor shall death brag thou wand'rest in his shade,
When in eternal lines to Time thou grow'st.

So long as men can breathe, or eyes can see,
So long lives this, and this gives life to thee.

Noticeboard



HAIRDRESSER & BARBER

Glenview hairdresser Kellie is available weekly on Tuesdays. Barber Tim is offering his services on a fortnightly basis. To book your appointment please speak with staff.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

LIBRARY SERVICE

We have a number of books available in the Main Lounge for residents to read. Please help yourself to any book and return to the shelves once finished.

If you are an avid reader and wish to join the Rutherglen Library, please ask Leisure and Lifestyle staff to assist.

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available from Reception. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the best we can!

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception, or email us anytime at k.thompson@inh.org.au

Thank you!

Laughing Matters



The Pearly Gates

A woman died and found herself standing outside the Pearly Gates, being greeted by St. Peter.

She asked him, "Oh, is this place what I really think it is? It's so beautiful. Did I really make it to heaven?"

To which St. Peter replied, "Yes, my dear, these are the Gates to Heaven. But you must do one more thing before you can enter."

The woman was very excited and asked St. Peter what she must do to pass through the gates.

"Spell a word," St. Peter replied.

"What word?" she asked.

"Any word," answered St. Peter. "It's your choice."

The woman promptly replied, "Then the word I will spell is love. L-o-v-e."

St. Peter congratulated her on her good fortune to have made it to Heaven and asked her if she would mind taking his place at the gates for a few minutes while he took a break.

"I'd be honored," she said, "but what should I do if someone comes while you are gone?"

St. Peter reassured her and instructed the woman simply have any newcomers to the Pearly Gates to spell a word as she had done.

So the woman is left sitting in St. Peter's chair and watching the beautiful angels soaring around her, when low and behold, a man approaches the gates, and she realizes it is her husband.

"What happened?" she cried, "Why are you here?"

Her husband stared at her for a moment, then said, "I was so upset when I left your funeral, I was in an accident. And now I am here? Did I really make it to Heaven?"

To which the woman replied, "Not yet. You must spell a word first."

"What word?" he asked.

The woman responded, "Czechoslovakia"

In the Spotlight Barbara Russell



Born in 1939, Barb grew up in Richmond. Attending Brighton St State School and then going onto Richmond Girls High School and at school enjoyed playing rounders cricket game.

My first job was a secretary for a rubber company on Punt Rd, Richmond. Most Friday nights we would go out to the local pub and have a drink with friends. On Saturdays, my friend Lorna and I would go out dancing in the one of the big dance halls in Melbourne, I loved ballroom dancing and that is where I met my partner Peter. Some Sunday we would also go to the pictures.

Some of my favourite memories were “riding the lovely red bike my Father gave me one Christmas. That was one of my best Christmas memories”. Later in life, “I had a pet dog named Mr. Patch, he was a Jack Russell and he was a beautiful dog”. “I miss those days”, said Barb.

International Hug Day

Train your semantic memory, stay sharp, and stimulate your visual skills!

With a pencil, form words from the syllable fragments in each grid.
Cross out each grid as you use it!

All words are related to friendship!

Friendship Split Words

memo	ten	for	rous
ether	res	pect	gene
ever	lis	tog	ine
life	cere	faith	last
ful	ing	sin	long
sup	genu	port	ries

Words

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Answers

Genuine, Forever, Together, Respect, Generous, Listen, Sincere, Faithful, Lasting, Lifelong, Support, Memories